



## BOYS & GIRLS NETBALL CLUB AT FREEGROUNDS JUNIOR SCHOOL

We can't wait to welcome new and returning netballers to the new term, and see more children discover their own, and encourage their friends' passion, for sport.

### OUR SESSIONS

We are proud to be a fun & inclusive external netball provider, welcoming every child that wants to play.

Each weekly session is a mix of games, physical activities and netball skill exercises that focus on progression, confidence, teamwork and having fun!

#### Social skills

Communication, friendships, inclusion

#### Physical skills

Marking, running/stopping, jumping, footwork

#### Tactical skills

Decision making, anticipation, rules

#### Key skills

Passing, catching, ball control, shooting,

#### Personal skills

Learning to lose, self-confidence, teamwork

**EVERY TUESDAY**  
**3:20 - 4:20**

**TERM**  
**14<sup>TH</sup> APRIL - 21<sup>ST</sup> JULY**

**YEARS**  
**KS2**



### COACHES



**FIRST AID TRAINED**

All coaches have strong netball backgrounds and proven skills and knowledge required to teach children, with a genuine passion for helping young players develop.



**DBS CLEARED**

Our coaches don't *just* create amazing netballers, they provide an environment where children are comfortable to try new things, where they can learn to lose, build friendships, grow in confidence, feel proud of themselves and understand the importance of teamwork.



**SAFEGUARD TRAINED**

### WANT TO PLAY?

It's just £6 per session, which you can either pay in full, or in instalments through Klarna.

[Find out more about Play Netball Juniors online](#)

**BOOK NOW**

## WE KNOW NETBALL

We have been providing netball leagues for over 10 years, with 40,000 women playing with us weekly.