



# TEAM SPIRIT – AFTER-SCHOOL CLUBS – 2025

**We are pleased to announce Team Spirit will continue as an after-school club provider at Freegrounds Junior School after the school break.**

Team Spirit come with a wealth of experience delivering various sports provision across Southampton, Hampshire and its surrounding areas for over 11 years with their team of fully qualified coaches providing a fun, safe, engaging environment for children to learn and improve their skills.

## **Details of after-school clubs:**

**Monday – Basketball and Netball Yrs 3/4/5/6:** Basketball and High 5 Netball is an action-packed club for boys and girls, fast and intense for everyone to enjoy. Lots of mini fun agility challenges and fun team building games.

**Wednesday – Dodgeball Yrs 3/4/5/6:** Join us for our exciting new club working on hand-eye co-ordination and agility skills through various dodgeball games!

**Thursday – Football Yrs 5/6:** Team Spirit football will teach the children the fundamental ball skills and techniques using our TEAM ethos. Competitions and much more. Lots of football fun. WOOHOO!

**Friday - Football Yrs 3/4:** Team Spirit football will teach the children the fundamental ball skills and techniques using our TEAM ethos. Competitions and much more. Lots of football fun. WOOHOO!

**START TIME 3:20 - FINISH TIME 4:20 | £4 per session booked in bulk each half term**

## **How to book:**

Team Spirit will be taking and managing all bookings so for full details of the courses available and to book please visit: [www.teamspirit4sport.co.uk](http://www.teamspirit4sport.co.uk)

Alternatively, you can get in touch with our admin team through email: [admin@teamspirit4sport.co.uk](mailto:admin@teamspirit4sport.co.uk) or by phone: 02380658636 for support booking your children's places.

Spaces are limited and are offered on a first come first served basis. Once a club is filled, we are able to place your child on a waiting list for any spaces that come available – if this isn't possible you will be offered a place as priority for the following course that starts the following term. To join the waiting list click on the club you wish to book on our booking portal and click the 'join waitlist' button. Our system will then notify you when a space comes available – you will have 48 hours to complete your booking from this notification.

We are extremely proud to offer this exciting opportunity to you all and we hope to see lots of you on our clubs soon.