



Dear Parents/Carers,

I would like to invite you to an online parent information session on 3rd February from 19.30. A link to the session can be found at the end of this letter.

Changing Chances teach schools, local authorities, the police, parents and carers about an approach which enables every child to feel great and do their very best. We are working with Freegrounds Junior School to implement this approach, known as the Empowerment Approach.

The Empowerment Approach draws on research, neuroscience and many years of experience of working with children. It adopts the principles of a therapeutic, attachment-aware and neuro inclusive approach to working with children. It is underpinned by the belief that when a child presents with challenging behaviour, the first step should be to work with the child to identify the stressors and missing skills.

It details a clear and systematic way of preparing children to be at their best and a shared language to communicate their needs. The approach provides a clear structure for responding to behaviour. If a child struggles to achieve expectations, the approach gives adults straightforward strategies to support children to make sustained progress.

In the session we will share an overview of the whole approach and ideas of how you can support the approach at home. Please let the school reception know if you wish to attend.

Time: Feb 3, 2025 19:30 London

Join Zoom Meeting

<https://us02web.zoom.us/j/86218339946?pwd=TsAlrYnpEmLiK5c5ukA85FcdZiwbrb.1>

Meeting ID: 862 1833 9946

Passcode: 396086

I hope to see you at the meetings.

Leslea Markwick

Changing Chances

www.changingchances.co.uk

