



Weekly Notices – 9

FoFJS Dress Down Day – Friday 22nd November

On Friday 22nd November we are having a non-uniform day in exchange for donations of items for our rainbow raffle. Prizes for the rainbow raffle will be hampers made up of coloured items donated. Each class has been assigned a colour theme for their donations, however any and all donations will be gratefully received, please see the attached leaflet for ideas. Raffle tickets will be sent home in the coming weeks.

Elm class - RED
Ash class - PURPLE
Oak class – ORANGE
Beech class - BLUE
Pine class - WHITE
Willow class – GOLD/SILVER
Larch class - YELLOW
Cedar class - BLACK
Sycamore class - BROWN
Juniper class - GREEN
Hawthorn class - PINK



FoFJS – Matchbox challenge

We have extended the deadline for entries to be handed to the office to Monday morning. Thank you to everyone who has brought their entries in today, we have had some very creative items!

Lunchtime supervisor Vacancy

We have a vacancy available for a lunchtime supervisor, this post is for 5 hours a week, term time only. If you are interested in applying or would like more information, please contact the school office.

Christmas Card Designs

The Christmas Card ordering shop automatically re opens on Friday 15th November until noon on Sunday 24th November. Thank you to everyone who has already been able to place an order, so far, we are expected to make at least £535.

Family Support Worker Coffee Mornings

Here are the details for our upcoming coffee mornings, if you are able to attend, please complete the attached google docs so Michelle has an idea of numbers.

21st November 9am - How to support your child with their friendships.

Google doc: <https://forms.gle/4ZZ48Fbyb7dDSdzEA>

5th December 9am - Christmas Card Making and FoFJS Raffle draw at 9.15am

Google doc: <https://forms.gle/tLF3jpKV7AaaXAj47>

Parent Code of Conduct

Please follow this link to our parent code of conduct policy, each year this is sent out as a reminder to our parents and carers, please take the time to read it.

www.freegrounds-jun.hants.sch.uk/attachments/download.asp?file=355&type=pdf

Reading volunteers



We are looking for more parents, carers and family members to join our team of wonderful reading volunteers this year.

If you are able to offer a little time each week to come and listen to some of our children read, we'd love to hear from you.

Fill in the Google form below and we'll be in touch.

<https://forms.gle/GsxN7J8tZ6Bm4sTi7>

Fidget Toys

We would like to request that children do not bring fidget toys into school. They can be a distraction in class with some children bringing in a selection of fidget toys that are being shared round their peers and being taken outside at break/lunch times. For the majority of children, these are not needed in the classroom and, as the name suggests, they are used mainly as toys and are not supporting concentration or focus.

Fidget Tools

In school, there will be a very small number of children who have been identified as requiring a small fidget tool or other strategy to help them concentrate and regulate themselves better. These children are known to the SENCO and the school will provide something if required which best meets their need. We use specific fidgets as recommended by occupational therapists and they are used as a 'tool' to support sensory regulation. If they don't appear to be supporting the child then another strategy will be used. Teachers also use a range of strategies to support regulation such as giving the class a 'moving minute' or a 'mindful minute' when needed from our Trick Box programme. Thank you for your support on this.

Aspens Lunches

As a reminder, lunches need to be booked by 8.30am each morning. If your child does not have a lunch the office will make contact with you to request a packed lunch is brought in. If you no longer require a lunch that you have booked this also needs to be cancelled by yourself by 8.30am. Lunches are bookable via <https://select.aspens-services.com/>

Supporting DKMS

One of our pupils has been diagnosed with Aplastic Anemia (bone marrow failure), unfortunately there is currently no perfect match worldwide on the donor register to treat their diagnosis. As a school we would like to help spread the word for the need of more blood and bone marrow donors. Please click the links below for more information.

<https://www.blood.co.uk/>

<https://www.dkms.org.uk/>

Jewellery Reminder

- No jewellery should be worn in school unless there are particular religious or cultural reasons, this includes bracelets that may have been worn over the summer, children will be asked to remove them.
- Children with pierced ears need to wear **small studs only** and these will need to be removed or covered over with micropore tape during PE lessons.
- Make-up, nail varnish and fake tattoos are not allowed.
- Watches are allowed.

Water Bottles

Please can you ensure your child comes to school each day with a reusable water bottle that is of average size. We have seen some large water bottles in school this week and unfortunately, they do not fit into the carriers

Sickness and Diarrhoea

We have seen an increase in sickness and diarrhoea in the school recently. If your child becomes unwell with sickness and/or diarrhoea they cannot return to school until 48 hours has passed since their last episode of illness, unless the office has medical evidence confirming an earlier return. Although we understand this can be frustrating as your child may otherwise seem well it is essential to help prevent outbreaks spreading through classes.

After School Clubs – Available to book for the autumn Term

We have a variety of after school clubs available to book, please click the following link on our website for more information and to sign up.

<https://www.freegrounds-jun.hants.sch.uk/page/?title=Clubs&pid=86>

Inset Days For 2024/2025

Our inset days for the next academic year 2024/2025 are

Friday 29th November 2024

Friday 14th February 2025

Friday 20th June 2025

Breaktime Snacks

Within our school, we aim to promote healthy eating and we would like to take this opportunity to remind our parents and carers that following are not permitted as a break time snack:

- crisps
- sweets
- chocolate biscuits
- nuts

Examples of snacks that can be eaten at break time:

- Any choice of fruit
- Any vegetable i.e., carrot sticks, cucumber, pepper sticks
- breadsticks, crackers or rice cakes
- cereal bars

We do not want children to be eating their lunch at break time. Please provide your child with an additional break time snack. If you have any queries, please speak to your child's class teacher.

PE Days

Please ensure you send your child to school in the correct PE uniform consisting of black bottoms (girls shorts can be a cycling short but not a hot pant style of short), a white round neck t-shirt, a black or green jumper and proper sports trainers.

Oak class – Tuesday and Friday

Elm class - Monday and Thursday

Ash class - Monday and Thursday

Beech class - Monday and Thursday

Pine class - Monday and Thursday

Cedar class – Monday and Wednesday

Willow class - Tuesday and Wednesday

Larch class – Tuesday and Wednesday

Sycamore class – Wednesday and Thursday

Juniper class – Wednesday and Friday
Hawthorn – Wednesday and Friday

Absence During School Time

We would like to take this opportunity to remind parents and carers who wish to take their child out of school during the school term that an absence request form needs to be completed and given to the office before the absence. Requests cannot always be authorised; however, they are looked at on a case-by-case basis. It is important that we as a school know where children are each day that they are absent for safeguarding reasons, as well as to monitor each child's attendance and their sickness and absence records.

If a child is absence from school for sickness immediately before or after a holiday absence you will be asked to provide confirmation of you holiday dates to ensure the correct processes have been followed. If we have reason to suspect that you have taken an unauthorised absence, we will continue to follow Hampshire County Council's procedures of a warning letter, followed by a Fixed Penalty Notice. Please read our attendance policy which can be found on our website for more information.

Dogs on School Site

We would like to take this opportunity to remind all parents, carers and visitors to our school that dogs are not allowed on site.

Health & Safety

Please can we remind all parents we are a **NUT FREE** school, this includes spreads in sandwiches, for example, **Nutella** and snack bars that the children bring in at break time. There are children in school with severe nut allergies so we ask that you ensure everyone in your family who makes packed lunches are aware.



Parking/driving up School Lane - Please be considerate of our neighbours when parking before and after school to collect your child/children. **Please follow the Highway Code and remember not to park on double yellow lines or zig zag white lines.** School Lane is for access for parents/carers who have been issued a permit (even when it is wet).



Social Media links

<https://www.facebook.com/freegroundsjuniorschool>

<https://twitter.com/freegroundsjun>

<https://www.instagram.com/freegroundsjun/>

Friends of Freegrounds Junior School Facebook group -
<https://www.facebook.com/groups/960606647304903/>

Diary Dates

Wednesday 13th November – Year 6 Solent Sky Museum and Tudor House Visit

Friday 15th November – Year 4 dress like an Egyptian hook day

Monday 18th November – Year 3 visit to Butser Ancient Farm

Thursday 21st November – Aspens Sparkle Spectacular theme lunch

Friday 22nd November – Dress down day for donations towards the rainbow raffle, more details to follow.

Friday 29th November – INSET DAY

Thursday 5th December – FoFJS Christmas shopping day and Rainbow Raffle draw

Thursday 5th December – FSW Christmas card making coffee morning

Thursday 12th December 2:00pm – Year 3 & 4 Christmas performance

Friday 13th December 9:15am - Year 3 & 4 Christmas performance

Monday 16th December 2:00pm - Year 5 & 6 'A celebration of Christmas'

Tuesday 17th December 9:15am - Year 5 & 6 'A celebration of Christmas'

Wednesday 18th December – Christmas jumper and lunch day

Thursday 19th December – Year 4 Listen to me performances – more details to follow

Friday 20th December – Break up for Christmas Holiday at 3.20pm

Monday 23rd December – Friday 3rd January – Christmas Holidays

Monday 6th January – First day back to school