

Transition Information

Year 4

2025-2026



Year 4 Team



Miss Adrienne Barrett
Year 4 Class Teacher
(Maple)



Mrs Leissa Husselbee
Year 4 Leader
(Pine)



Miss Leah Clarke
Year 4 Class Teacher
(Beech)



Mrs Helen Stewart
Year 4 LSA



Mrs Mel Cranston
Year 4 LSA



Mrs Katie Whettingsteel
Year 4 LSA



Miss Alicia Cooper
Year 4 LSA

Senior Leaders and Admin Staff



Mrs Vicky Davies
Acting Headteacher



Mrs Terri Blake
Acting Headteacher



Mrs Sarah Robinson
SENDCo & Inclusion Lead



Mrs Michelle Brightwell
Child and Family support
Worker



Miss Aimee Matthews
Business Manager



Mrs Karen Archer
Senior Admin Assistant

Timetable

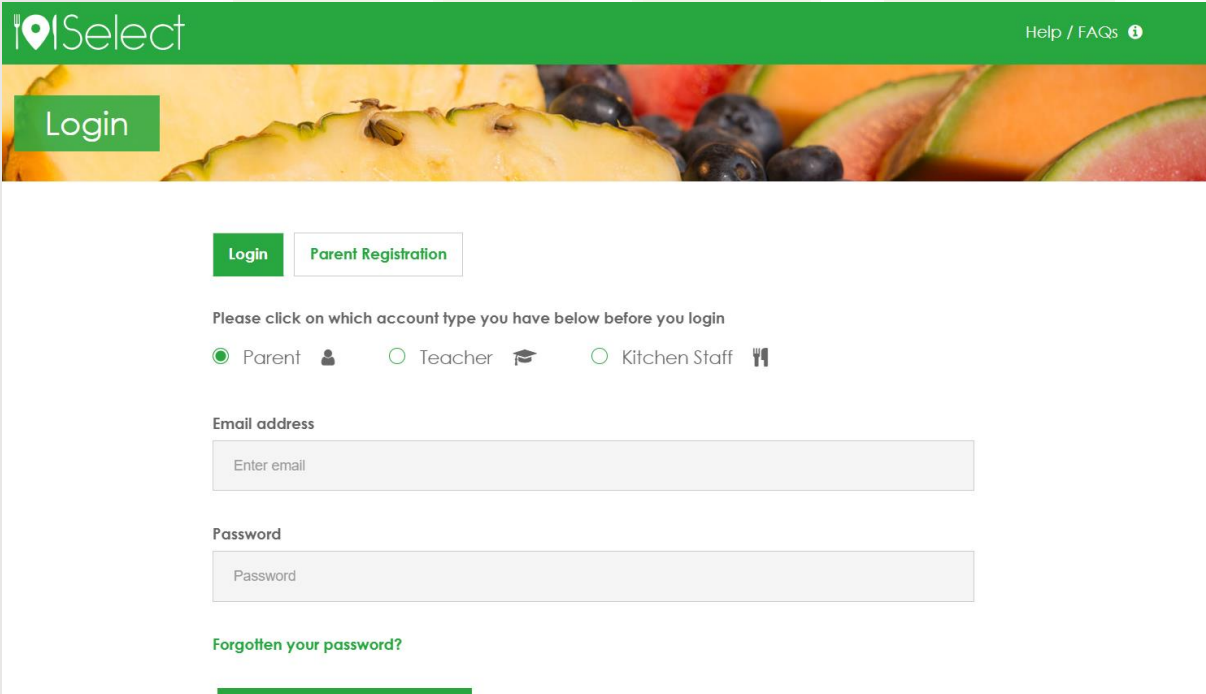
- **8:40am** - School gates open and children can go into school (early in September parents are welcome to walk their children across the playground)
- 8:50am - Registration taken
- 8:50am – 10:40am - Core sessions and assemblies
- 10:50 – 11.05am - Break time
- 11.05am – 12:05 – Core session
- 12:05 - 1:00pm - Lunch time
- 1:00 – 3:00pm – Curriculum subjects (e.g. History, French, Science, Art, PE, etc.)
- 3:00 – 3:20pm – Class story/circle time
- **3:20pm** - End of day

Break and Lunchtime

Children should bring a healthy, nut-free snack from home. Ideally fresh fruit or vegetables but can include cereal bars, crackers and other such things (must not be part of their lunch e.g. their sandwich)

Meals should be purchased through Aspens SELECT

They must be ordered online by 8:30am.




A screenshot of the iSelect website's login page. The header is green with the 'iSelect' logo on the left and a 'Help / FAQs' link on the right. Below the header is a banner image of various fruits like watermelon, blueberries, and kiwi. A green 'Login' button is overlaid on the left side of the banner. Below the banner, there are two buttons: 'Login' (green) and 'Parent Registration' (white with a green border). Under these buttons, a text prompt asks the user to click on their account type. There are three radio button options: 'Parent' (selected), 'Teacher', and 'Kitchen Staff', each with a corresponding icon. Below the account type selection are two text input fields: 'Email address' and 'Password'. At the bottom, there is a green link for 'Forgotten your password?' and a solid green horizontal bar.

iSelect [Help / FAQs](#)

Login

Login Parent Registration

Please click on which account type you have below before you login

☒ Parent  ☐ Teacher  ☐ Kitchen Staff 

Email address

Enter email

Password

Password

[Forgotten your password?](#)

Curriculum Overview

At Freegrounds Junior School we **aspire**-to aim high, **believe**— in who we are and **achieve**-beyond our dreams.



The topics we teach are designed to be engaging and relevant to the children as well as promoting:

- Positive mental health and wellbeing
- Celebrating the diversity of Britain
- Outdoor learning

A stylized, light green tree with a grey trunk and branches, set against a white background. The tree's canopy is composed of numerous light green, oval-shaped leaves. The trunk and branches are a light grey color. The tree is positioned on the right side of the page, with its branches extending towards the left.

Curriculum Overview

Autumn 1- Our European Neighbours

Autumn 2- Ancient Egyptians

Spring 1- Survivor!

Spring 2- Saxons and Scots

Summer 1-Vicious Vikings

Summer 2-All creatures great and small



Year 4 – Long Term Overview – 2025-2026

Year 4	Autumn		Spring		Summer	
TOPIC TITLE	Our European Neighbours	Ancient Egyptians	Survivor!	Saxons and Scots	The Vikings	All creatures great and small
Enquiry Question	<i>What are the similarities and differences of the countries in Europe?</i>	<i>How do we know about the achievements of the Ancient Egyptians? What were their biggest achievements?</i>	<i>How do people survive in the mountains?</i>	<i>Who were the Saxons and what was their daily life like?</i>	<i>How and why did the Vikings settle in Britain?</i>	<i>How do living things adapt to survive in their environment?</i>
Topic linked subjects	Geography European Study	History Ancient Civilizations Ancient Egyptians	Geography Mountains	History Saxons and Scots	History Vikings	Science Living Things
	DT Food and Nutrition	DT Electrical Systems	Art Collage	Art Drawing/Sculpture/Craft	DT Mechanisms	Geography Biomes
	Art Painting	Computing Creating media Photo editing	Science Mixtures and separating them		Computing Repetition in games	Art Printing
						Computing Branching Databases
Stand-alone subjects	Science Plant reproduction	Science Electrical Circuits		Computing Systems and Networks	Science Digestion	
	Science Longitudinal Study- Pond					
	Music Listen 2 me – Hampshire Music Service					
	RE Teaching	RE Waiting	RE Pilgrimage	RE Symbol	RE Peace	RE Trees as a symbol
	Games Football	Games Basketball	Games Hockey	Games Netball	Games Rounders	Games Athletics
	PE Dance	PE Dodgeball	PE Gymnastics	PE Fitness	PE OAA	PE Yoga
	French Seasons	French Vegetables	French Presenting Myself	French My family	French In the Classroom	French At the Tearoom
	PSHE Me and my Relationships	PSHE Rights and responsibilities	PSHE Keeping myself safe	PSHE Being my best	PSHE Value in differences	PSHE Growing and changing
	Trips offsite and visitors into school	Southampton City Art Gallery / Aspens Chef Liam		878 AD experience- Winchester		Stubbington Study Centre - Residential
Whole School theme days this half term	Artist Day	WW1 Remembrance Day Year 3/4 Christmas Play	Children's mental health week	World Book Day World Maths Day	Earth Day World Cultural Diversity Day	World Music Day







The Empowerment Approach:

Positive Behaviour Policy

Supporting pro-social and pro-learning skills

At Freegrounds Junior School, we believe that when children feel better they do better, which is why we have adopted the Empowerment Approach. We believe in being 'curious not furious'.

The Empowerment Approach teaches everyone:

	About the brain and how it works		How to help children prepare to be at their best for learning and play in ways that work for everyone
	A way to help a child work out the unmet needs behind their difficulties and know ways to fill these needs in helpful ways		The best way to react and help someone get back on track when things go wrong
	How to help a child build the skills needed to manage well in learning and play - even when their needs aren't being met		How to follow-up and problem-solve with children so they manage better next time and make good progress over time

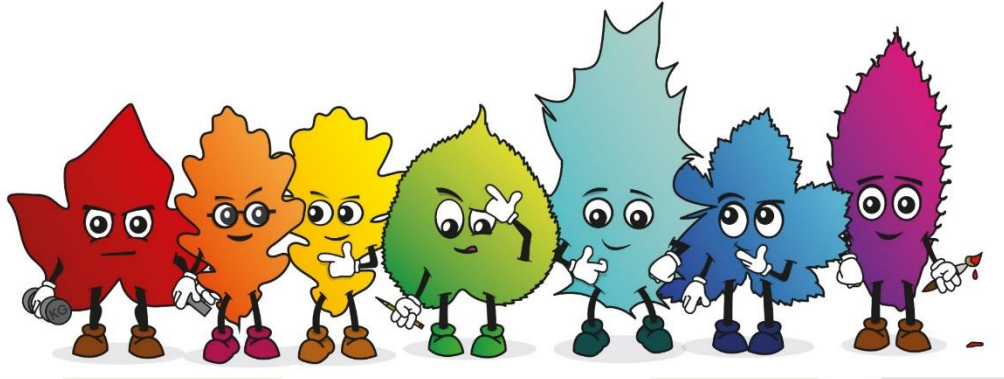


The Empowerment Approach: Brain Fit

The Empowerment Approach is built on three key principles.

1. all young people (and the adults around them) will benefit from learning about themselves: finding out how their brain works and understanding their needs and stressors
2. all young people need plenty of opportunities to learn and practise skills that will help them to manage well whatever challenges life throws their way
3. the way in which adults respond when things go wrong for children and how they follow up incidents are crucial factors in determining whether a child has a great outcome or a poorer one.

Our 6 learning behaviours



- Resilience
- Independence
- Creativity
- Team work
- Critical thinking
- Reflection





TRICK BOX

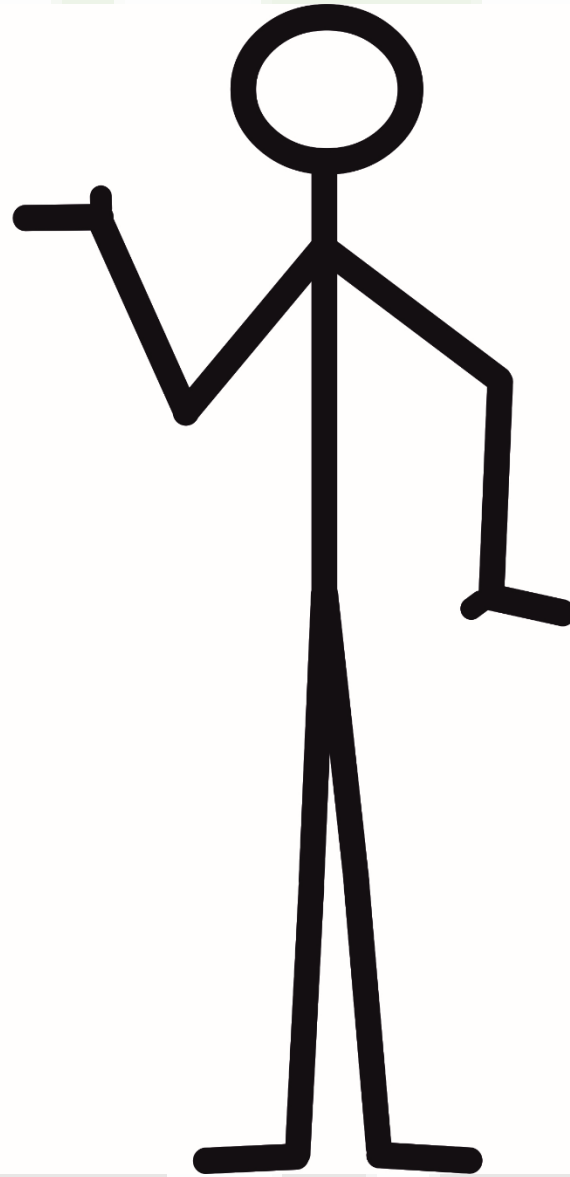
Trick Box programmes develop personal skills in 4 key areas through positive habit formation.

Confidence

Confident -
thinking
body-language
self-beliefs
actions

Communication

Positive -
communication
choices
behaviour



Calm

Mindful -
emotional management
relaxation
solution thinking

Creativity

Creative -
mindset
interests
opportunities

$$n1 \times n2 = \boxed{}$$

Times Tables

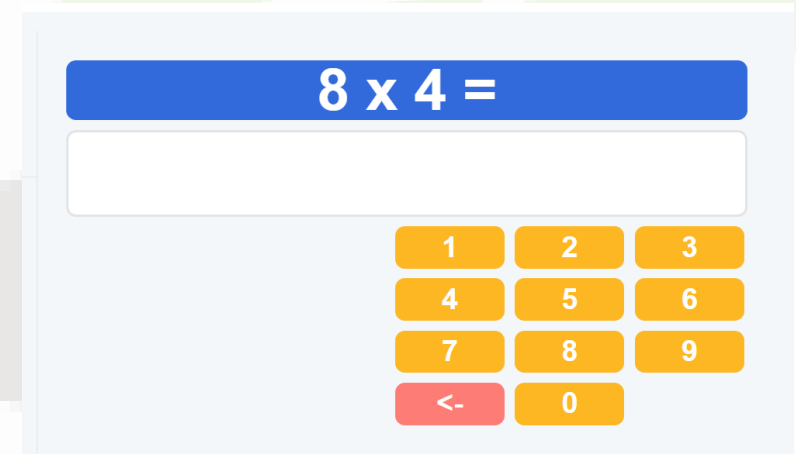
In June 2026, your child will take part in a statutory Multiplication Tables Check (MTC) Assessment.

This is an online, on-screen digital assessment that will take around 5 minutes to complete.

They will be asked 25 questions and it will check their knowledge of their times tables up to x12.

We will be giving out more information about this nearer the time.

Times Table Rock Stars and Top Marks online games are great ways to practice at home.



A digital multiplication calculator interface. At the top, a blue bar displays the equation $8 \times 4 =$. Below this is a white rectangular input field. To the right of the input field is a numeric keypad with buttons for digits 1 through 9, 0, and a red button with a left arrow (<-).

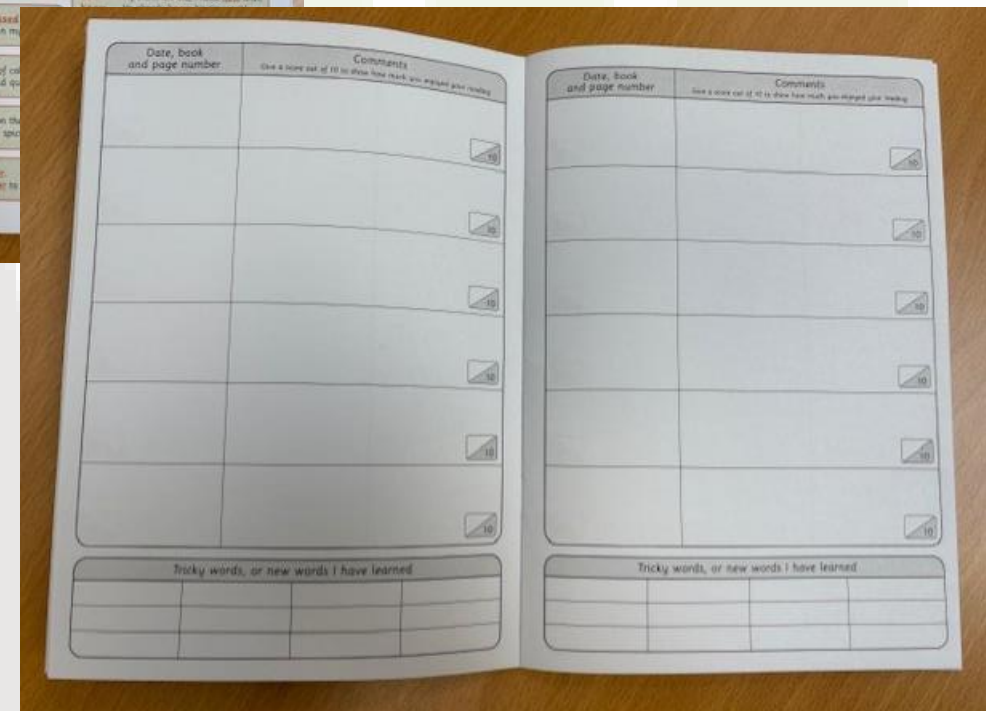
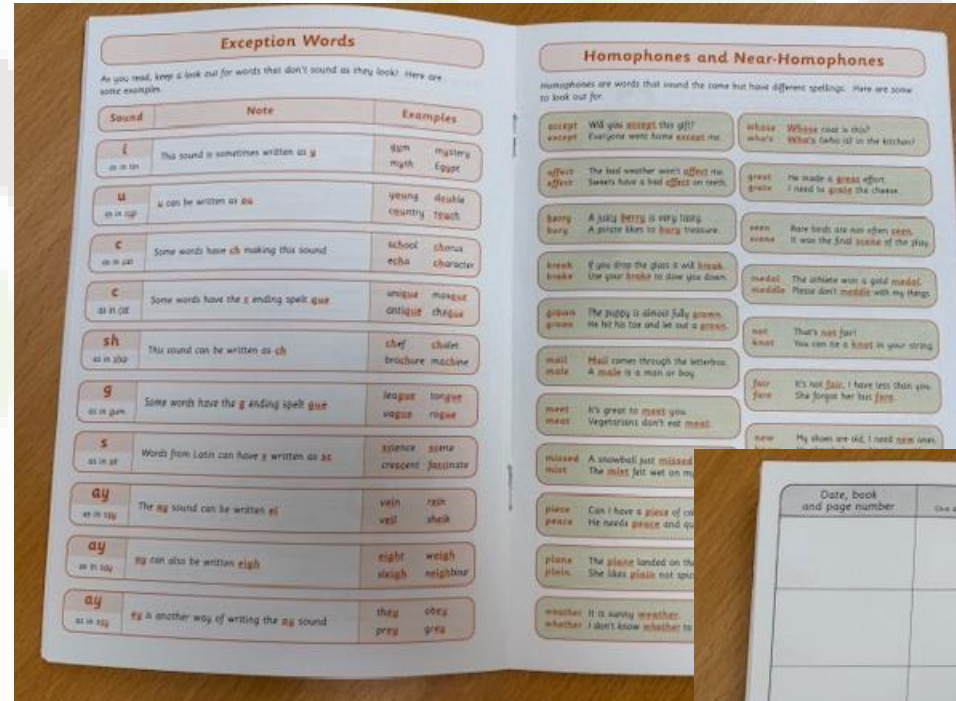
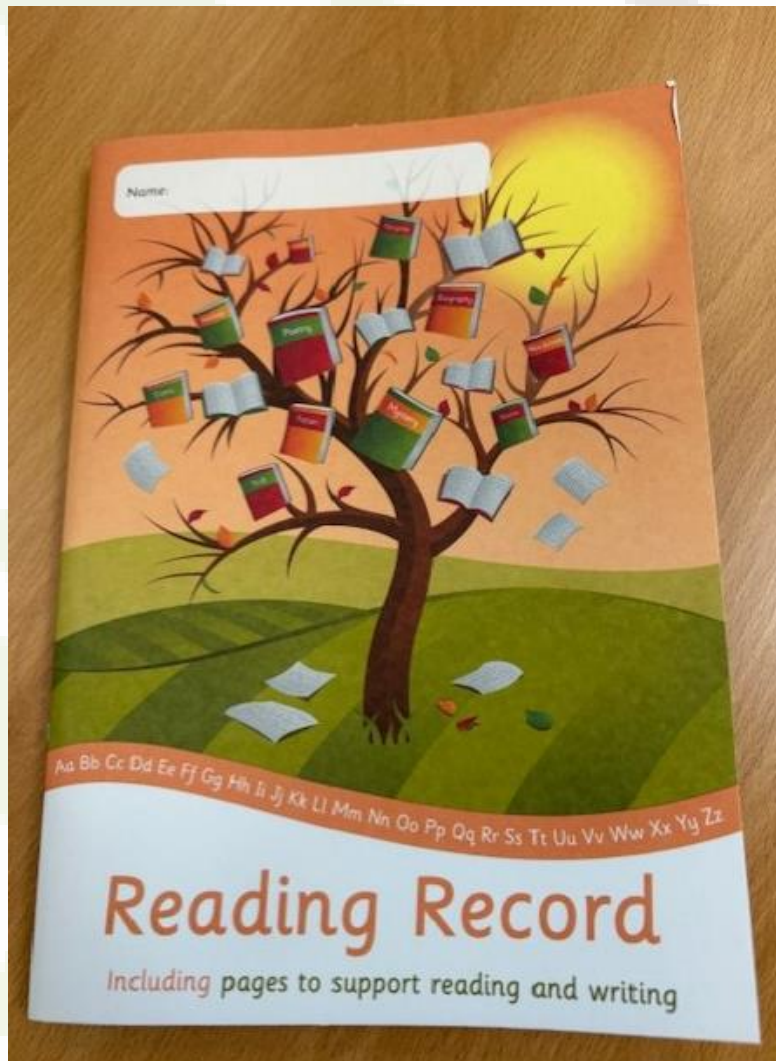
Reading

- Children earn an independence effort mark every time they record 20 reads in their reading record (one per day).
- Children are entered into a raffle prize draw each week if they have read five or more times.
- At school, the focus will be on fluency and comprehension skills such as inference and understanding of vocabulary.
- Some children will work through a catch-up phonics programme.



Reading Record

This includes pages to support with reading and writing



Homework

WEEKLY HOMEWORK

- Spellings to learn each week
- Read to an adult at least 5 times a week
- Practise times tables on TT Rockstars
- A times table worksheet



OPTIONAL HALF TERM PROJECT



Spelling



10 spellings to learn each week following a rule or pattern.

Practice at school and at home using Spelling Shed.

Log in reminders will be sent out in September.

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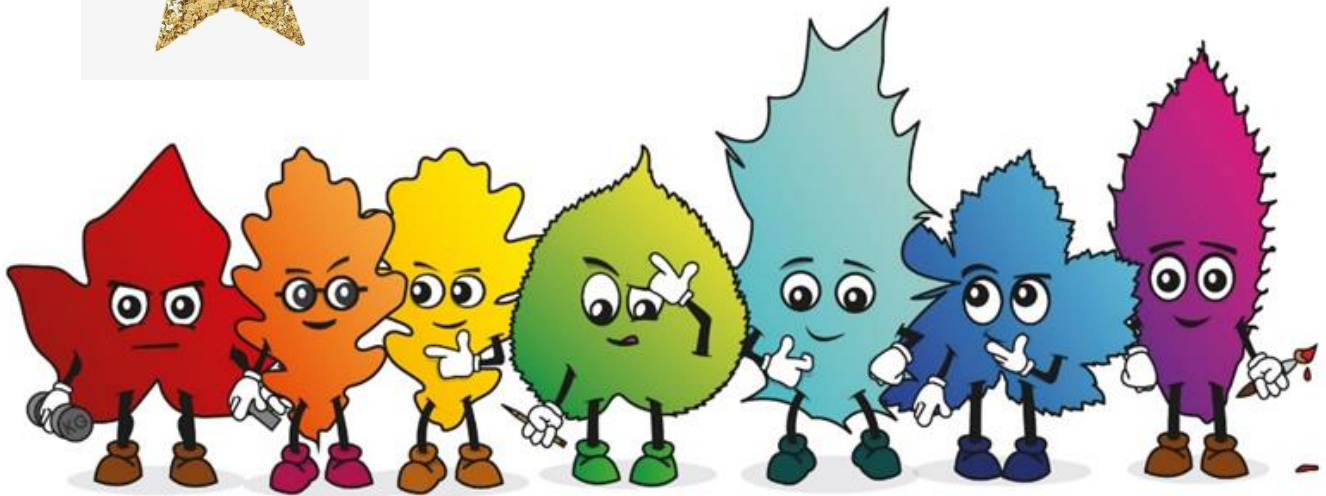
Positive behaviour expectations

At Freegrounds Junior School we are...

Kind, Polite, Respectful and Hardworking



Effort marks



Certificates



Star
of the week

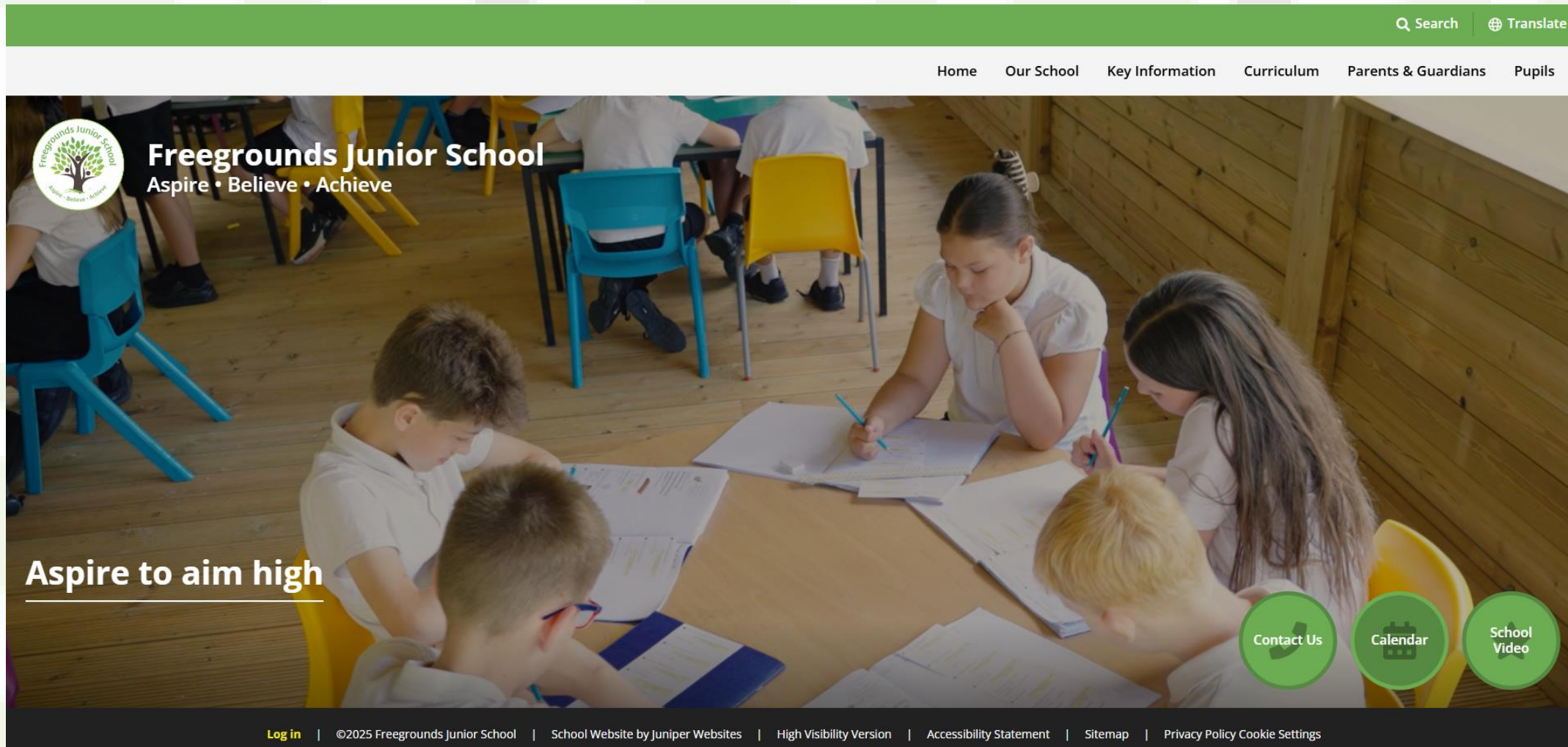


General Reminders

- Full school uniform- named
- PE kits worn to school on PE days
- Stationery provided by school
- Named reusable drinks bottle
- Home School Diaries – reading, communication, support
- Reading book – from school
- School bag – cubby holes
- School dinners and break time snacks
- Medication – inhalers



Freegrounds Junior School website & Social media



- Weekly notices on a Friday
- Monthly newsletters